MEADOWBROOK CLUBHOUSE & FITNESS CENTER RULES

Fitness Center Hours: 5:00 AM – 10:00 PM daily

General Guidelines

- Treat all equipment and furnishings with care
- No removing clubhouse property
- Clean equipment after use
- Report damaged equipment to management
- Turn off lights and TVs when finished
- Follow all laws and behave appropriately
- No loitering—use of the facility is intended for active use of amenities only

Attire & Use

- Proper workout attire required (e.g., closed-toe athletic shoes must be worn at all times)
- No wet clothing inside
- No dropping weights
- No for-profit personal training sessions

Safety & Conduct

- Do not exceed fire code occupancy
- No smoking or vaping inside
- No pets allowed
- No attaching items to walls or ceilings
- No food or open drink containers are permitted in the fitness center
- Be respectful of others' privacy when using cell phones, cameras, or recording devices; photography or video should not capture other residents without their consent

Cleanliness

- Remove all personal belongings and trash after use

Minors

- A minor is defined as any individual under the age of 18.
- Minors must be supervised by an adult at all times
- Minors must be at least 14 years of age to use the fitness equipment
- Only one minor is permitted per supervising adult
- No running or disruptive behavior

Prohibited Items

- No bikes, skateboards, or similar items inside

Resident Responsibility

All residents share responsibility for maintaining a safe and respectful environment. If you observe any suspected violations of the rules above, or maintenance concerns, please report them promptly to management at 919-741-5285 so they can be addressed appropriately.

Effective April 22, 2026